Who Are MEAAP?

• An Older People’s Charity Set Up in 2011 prior to the Review of Public Administration.

• Our vision is for “Mid & East Antrim to be a place where everyone can actively agewell together, being involved, heard and valued.”
• MEAAP have been delivering projects within our local community since July 2013, so have a proven track record and have spent a lot of time and effort networking.

• In November 2015, The Dunhill Medical Trust sought proposals around “Develop a Network of Care for Older People at a Local Level.”
Designing the Bid

@meaapni
#IMPACTAgerwell
2015 Total Population = 138,152
Mid & East Antrim Population

- 35.4% Long-term mobility or dexterity difficulty: 65+ years (2011)
- 25.3% Long-term pain or discomfort: 65+ years (2011)
- 20.6% Long-term deafness or partial hearing loss: 65+ years (2011)
- 17.1% Long-term shortness of breath or difficulty breathing: 65+ years (2011)
As widely expected, by 2041, it is projected that the 65+ population in Northern Ireland will be approximately 492,000, an estimated increase of 62% from 2017. By this date almost one in four people (24.5 per cent) will be in this age category.
Age Cost Curve

Average annual Cost Per Head

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 4</td>
<td></td>
<td></td>
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<tr>
<td>5 to 9</td>
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<tr>
<td>10 to 14</td>
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<tr>
<td>15 to 19</td>
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<tr>
<td>20 to 24</td>
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<tr>
<td>25 to 29</td>
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<tr>
<td>30 to 34</td>
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<tr>
<td>35 to 39</td>
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<tr>
<td>40 to 44</td>
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<td>45 to 49</td>
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<td>50 to 54</td>
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<td>55 to 59</td>
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<td>60 to 64</td>
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<tr>
<td>65 to 69</td>
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<tr>
<td>70 to 74</td>
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<tr>
<td>75 to 79</td>
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</tr>
<tr>
<td>80 to 84</td>
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<tr>
<td>85+</td>
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</tr>
</tbody>
</table>

All PoCs age gender cost curve from 2016/17 model
Policy Influences

PROGRAMME FOR GOVERNMENT CONSULTATION DOCUMENT

PUTTING PEOPLE FIRST
The Mid and East Antrim Community Plan
April 2017

POWER TO PEOPLE
Proposals to reboot adult care & support in N.I.

HEALTH AND WELLBEING 2026
DELIVERING TOGETHER

Making Life Better

Mid & East Antrim agewell Partnership
The social determinants of health are the conditions in which we are born, we grow and age, and in which we live and work. The factors below impact on our health and wellbeing.

- Childhood experiences
- Housing
- Education
- Social support
- Family income
- Employment
- Our communities
- Access to health services

Source: NHS Health Scotland
Aims of IMPACTAgewell®

Improve health & wellbeing of older people

Build knowledge & diversity

Older People

Integrated, valued & safe partnerships

Reduce cost of unscheduled health & social care support

April 2017 to March 2020

“Proof of Concept”
Target Audience – “Hardest to Reach”
Those most at risk/vulnerable from isolation & loneliness, co-morbidity & polypharmacy

Referral Criteria
(All Partners Can Refer)
• 65 years & over.
• Living alone or with another person aged 60 years & over.
• 2 long term health conditions (including “Recoverable Frailty” as per Rockwood CFS from 1st Nov 18)
  OR
• 1 long term health condition & in receipt of/entitled to domiciliary care support.
## Progress to Date & Evaluation

<table>
<thead>
<tr>
<th>TARGETS</th>
<th>YEAR 1</th>
<th>YEAR 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create 6 Locality Hub Groups around 6 GP Practices in Mid &amp; East Antrim</td>
<td>6 Locality Hubs created &amp; meeting monthly.</td>
<td>11 Locality Hubs meeting bi-monthly.</td>
</tr>
<tr>
<td>Identify 1,100 Older People whom agree to uptake the IMPACTAgewell® service</td>
<td>391 referrals = 174 supported 191 declined 26 pending</td>
<td>779 referrals = 363 supported 401 declines 15 pending</td>
</tr>
<tr>
<td>Create 36 Local Community Partnership Agreements for Groups offering 13,200 Funded “Social Prescriptions”</td>
<td>14 Partnerships created.</td>
<td>18 Partnerships created with 324 funded “social prescriptions”.</td>
</tr>
</tbody>
</table>
Sally actually likes to be called Betty!

Betty had a cupboard full of tablets! She received a **Medications Use Review by Community Pharmacy** which cleared her cupboard but also helped her understand how to use her inhaler correctly.

Betty didn’t know who to talk to about getting a **grabrail in her bathroom** – IMPACTAgewell® referred to the Trust Occupational Therapy.

Betty was worrying about **falling outside on her path** - IMPACTAgewell® connected Betty to her local Handyperson service for powerwashing.

Betty also got support from IMPACTAgewell® to use **community transport** to attend her **local luncheon club**, both of which she never knew existed! And recently had a **benefits check** so can now heat her home without worrying about the bills!
Meet Leslie & Rose

@meaapni
#IMPACTAgewell

https://youtu.be/JWtrx3zJ0U8
What Has Worked Well?

“Flexibility”  “Coalition of Willing”  “Joining the Dots”

Win Win for Everyone Involved!
... she stood in the storm, and when the wind did not blow her way -- and it surely has not --

she adjusted her sails.

Elizabeth Edwards
Challenges

F.E.A.R. has two meanings: Forget Everything and Run OR Face Everything and Rise. The Choice is Yours.
Would We Do It Again?

- Support for The Dunhill Medical Trust has been so encouraging & has went beyond that of a traditional funder.
- Stories & feedback from both older people & the partners encourage us to keep going.
- We are influencing policy – have a “stronger” voice.
- Showing how social prescribing can go beyond the traditional signposting to or provision of social activities models currently being promoted.
- No Question - We simply need to ....
Age is Just a Number

https://youtu.be/S1BxfN5VvJg
Age is Just a Number

@meaapni
#IMPACTAgewell

https://youtu.be/-xZTMSwq-qk
Please contact
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